



General Guidelines of Contraindications for Colon Hydrotherapy

People with certain medical conditions should NOT undergo colon hydro-therapy unless given approval from their physician. These conditions include the following:

Anemia: Severe

- Contraindicated if patient is already at risk of cardiac compromise due to Anemia. They may experience worsening of their Anemia due to secondary fluid absorption through the large intestine.

Aneurysm

- Contraindicated when Aneurysm is located anywhere in the abdominal cavity.
- Contraindicated when the patient is taking blood thinners (Coumadin with therapeutic levels).

Carcinoma

- Contraindicated when Carcinoma is located in the rectum or large intestine.

Cardiac Disease: Severe

(e.g. Uncontrolled Hypertension)

- The procedure of Colon Hydrotherapy and/or post therapy while someone is using the bathroom to eliminate may raise the patient's blood pressure creating a contraindication.

Cirrhosis of the Liver

- Contraindicated.

Congestive Heart Failure

(e.g. Organic Valve Disease)

- These patients have poorly functioning hearts and cannot tolerate the additional stress on the heart/fluid intake that is absorbed through the large intestine thus creating a contraindication.

Crohn's Disease

- Contraindicated when advanced.

Diverticulitis: Acute

- Due to (current infection) the inflamed colonic mucosa of the intestinal wall has a heightened chance of perforation due to water pressure thus creating a contraindication.

Epilepsy/Seizures

- Contraindicated when uncontrolled.

Fissures/Fistulas

- Contraindicated if painful and bleeding.

GI Haemorrhage/Perforation

- Contraindicated if intestinal perforation.

Hemorrhoids

- Contraindicated when excessive bleeding is present.

Hernia: Incarcerated Abdominal

- Contraindicated if painful.

Kidney Dialysis

- Contraindicated.

Pregnancy

- Contraindicated.

Prostatitis

- Contraindicated when acute.

Renal Insufficiency

- Contraindicated.

Surgery: Recent Abdominal

- Contraindicated within 6-months post-surgery.
- Colon, Rectum, or other abdominal surgery.

Tumours

- Contraindicated when it is located in the Rectum or the Colon.

Ulcerative Colitis: Severe

- Contraindicated.

SPECIAL NOTE!! Have you taken drugs or consumed excess alcohol within last 48 hours, particularly the last 12-24hours – please be specific in disclosure as this is contraindicated!!



Colon Hydrotherapy Contraindications Questionnaire

To Determine Your Eligibility for a Colonic Hydrotherapy Session

These standards are meant as general guidelines. Because each person has a unique medical history, you should consult your physician to determine if you are healthy enough to undergo colon hydrotherapy. Persons with certain medical conditions (contraindicated conditions) are prohibited from undergoing colon hydrotherapy unless they are given written approval from their physician. These conditions include the following:

Contraindicated conditions (Not eligible for Colonic)

- Kidney Dialysis

Conditions by prescription only

- Anemia: Severe
- Aneurysm
- Carcinoma
- Cardiac Disease: Severe
(e.g. Uncontrolled hypertension or high blood pressure)
- Crohn's Disease
- Congestive Heart Failure
(e.g. Organic Valve Disease)
- Diverticulitis: Severe or Acute
- Epilepsy/Seizures
- Fissures/Fistulas

- GI Haemorrhage/Perforation
- Hemorrhoids
(when excessive bleeding is present)
- Hernia: Incarcerated Abdominal
- Prostatitis
- Surgery: Recent Abdominal
(6 months or earlier post-surgery)
- Tumours
- Ulcerative Colitis: Severe

My signature verifies that: *(check one of the following statements)*

I have read the above and do not have any of the contraindicated conditions.
OR

I may have or do have a condition that requires me to have a prescription for the colonic treatment. I agree to Flow Colonics terms and conditions.

.....
Client Name (Printed)

.....
Client Signature

.....
Date